



From The Desk of Rev. Hugh MacGregor

UPCOMING SERVICES

April 19, 2026
Rev. Hugh
MacGregor

April 26, 2026
Rev. Hugh
MacGregor

May 3, 2026
Jackie St. Goddard

May 10, 2026
Karen Gusek
Mothers Day

May 17, 2026
Bev Sesink

To catch us up. We are returning to our series on Celtic Spirituality this week. We have been looking at what we can learn from Celtic Spirituality that will help us journey into the future of the church and Christianity.

To help us do that, we have been working through a book written by John Philip Newell...a Canadian who was the leader of the Iona Community in Scotland for several years.

We have been talking about the need to reconnect with different things. Today, Newell says that we need to reconnect with spiritual practice. I mentioned several months ago, when we started this series, that if there was one I would feel like skipping...it would be this one...spiritual practice.

Why? Because I suck at spiritual practice. When we think of spiritual practice what do we think of? I think of prayer and fasting and meditation. Ok - prayer...maybe not too bad...especially out loud in front of people.

Fasting...well...is McDonalds included on that list?

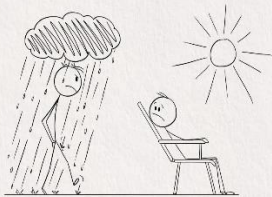
Meditation...the last time I tried to meditate for any length of time I fell asleep. The time before...my mind kept wandering to whom the Oilers were going to take in the next draft. (And it was likely Taylor Hall, so you know how recently I have attempted meditation.)

However...I do think that spiritual practice is important. So I thought of what we should do today to help us reconnect with spiritual practice. Come on Sunday and find out



Ongoing Giving to Note:

- Used Stamps are being collected to help buy Bibles for prisoners, you will find the stamp donation box in the Narthex of Ardrossan United Church.
- Shoes are being collected for donation to Soles 4 Souls. (Blue bin outside Ardrossan United Church.
- Food Bank Sunday is the last Sunday of each month, but you are welcome to bring donations anytime. Thank you for supporting the Strathcona Food Bank!



Always remember that you can have the worst days of your life and a few weeks later you can have the best days of your life. Keep pushing forward.

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April 15 reminds us that spring is on the way. Even before the flowers bloom, creation starts whispering that new life is coming.

God often works the same way in us—quietly, gently, and in small beginnings.

As we step toward a new season, may we stay open to the fresh hope and renewal God is growing in our lives.

*“See, I am doing a new thing... I am making a way in the wilderness and streams in the wasteland.”
Isaiah 43:19*

SOLES4SOULS HAS A BIN JUST OUTSIDE THE ARDROSSAN UNITED CHURCH MAIN ENTRANCE.



IF YOU ARE SPRING CLEANING, DON'T FORGET TO DONATE YOUR GENTLY USED SHOES TO THIS GREAT CAUSE.

KNITTING GROUP

Anyone wishing to share in conversation and coffee while knitting is welcome to join us on the 2nd and 4th Thursday morning of each month. 10:30am in the Little Church

BLESSED STEWARDS

**9:30AM
THURSDAYS
LITTLE CHURCH
COFFEE AND FELLOWSHIP TIME
ALL ARE WELCOME**

Ardrossan United Church

780-922-2255

Email: ardrossanunitedchurchoffice@gmail.com

Website: Ardrossanunitedchurch.org

Your giving—whether large or small—is deeply appreciated.

If you would like to mail your givings the Address is: 22 Main Street, Ardrossan, AB. T8E 2A2

COMMUNITY CONNECTIONS

ARDROSSAN FARMERS MARKET

Memorial Hall • 60 FIRST AVE

TUESDAYS
4:30 - 7:30PM

JUNE THROUGH SEPTEMBER




Edmonton Grandmothers

Fabulous Fabric Frenzy

Saturday April 25 9 AM-3PM

Strathearn United Church

8510-95 Avenue \$2 admission

Fabric, yarn, notions and craft supplies




FARMERS MARKETS IN YOUR COMMUNITY OPEN YEAR ROUND

Sherwood Park Farmers Market
3:00-7:00pm
Wednesdays
401 Festival Lane
Community Centre

Salisbury Farmers Market
4:00 – 7:00pm
Thursdays
Salisbury
Greenhouse



Eastside Grannies Presents

Vested Interest

Fashion Action for Climate Change

General Admission \$20.00
Youth Admission \$15.00



Limited Tickets Available | Purchase on Eventbrite
www.eventbrite.ca/e/vested-interest-fashion-action-for-climate-change-tickets-1983658170165

Saturday, April 25
1:00 p.m. to 3:30 p.m.

Strathcona County Community Centre, Agora
401 Festival Lane, Sherwood Park



Contact eastsidegrannies@shaw.ca for information or questions




Sponsor Partner
Councillor Robert Parks,
Ward 1, Strathcona County



Me trying on spring clothes.



MAY YOUR WEEK BE FILLED WITH REAL LOVE, EASY DAYS, HAPPY THOUGHTS, AND EVERYTHING YOUR SOUL NEEDS RIGHT NOW.

@FULLSPIRITQUOTES

Ardrossan 79TH PARADE

Saturday | 20 June | 11-12:30

EXPECTED ROAD CLOSURES

Rentals

1st Ardrossan Pathfinders
Mondays: Little Church 6:30–8:00pm
1st Ardrossan Rangers
Mondays: Board Room 6:30-8:30pm
1st Ardrossan Sparks/Embers
Tuesdays: Basement 6:00-7:30pm

Rentals

153rd Ardrossan Scouts
Wednesdays: Little Church 6:30-8:00pm
153rd Ardrossan Scouts
Fridays: Board Room 7:00-8:30pm



April 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			March 25	March 26 Coffee Time 9:30 Knitting 10:30am	March 27	March 28
March 29 Rev. Hugh MacGregor <i>Palm Sunday Annual Mtg</i>	March 30	March 31	April 1	2 Coffee Time 9:30	3 ★ Good Friday Service 10:00 am	4
5 Rev. Hugh MacGregor <i>Easter Sunday</i>	6	7	8	9 Coffee Time 9:30 Knitting 10:30am	10	11
12 Karen Gusek	13	14 UCW 1:30pm	15	16 Coffee Time 9:30 Board Mtg 10:30am	17	18 Rental Bsmt. 2-4pm
19 Rev. Hugh MacGregor	20	21	22	23 Coffee Time 9:30 Knitting 10:30am	24 Supper Prep.	25 Beef Supper
26 Rev. Hugh MacGregor	27	28	29	30 Coffee Time 9:30		

Our Little Friends Playschool
Monday & Wednesday—Morning Classes
Tuesday & Thursday—Morning and Afternoon Classes